

About the book:

Sofia has a lot of questions she wants to ask her teacher in class. Like, what number comes after infinity? Why are grown ups always in a rush? Can one be good and happy at the same time? Her teacher says Sofia has her head in the clouds, but still, Sofia's questions remain, and her ideas about the world seem to soar and fly like birds all around her head. "Head in the Clouds" follows Sofia's boundless imagination as she decides one day to ask her questions upfront to her teacher, freeing the birds born from her curious mind and sharing them with her teacher.

- EDUCATOR'S GUIDE -

Head in the

Clouds

By Rocío Araya

Translated by Sarah Moses

Why "Head in the Clouds"?

In the original Spanish version of the book, the phrase "head in the clouds" is more closely translated as "birds in my head." This common expression refers to when someone has many ideas in their head, which may cause them to become distracted. "Head in the Clouds" author, Rocío Araya, wrote this book when her children were two and four. She was fascinated with how they saw the world and fearful they might lose their childlike curiosity. Their wonder for the world inspired her to create this book.

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★ Questions for Active Reading ★

1. Throughout the book, Sofia asks her teacher many questions. What was your favorite question and why?
2. There are many birds featured throughout the book. What do you think these birds represent? How many birds did you see? What was your favorite?
3. Why do you think Sofia gave her teacher a bird at the end of the book? How do you think this made the teacher feel?

★ Questions for Reflective Reading ★

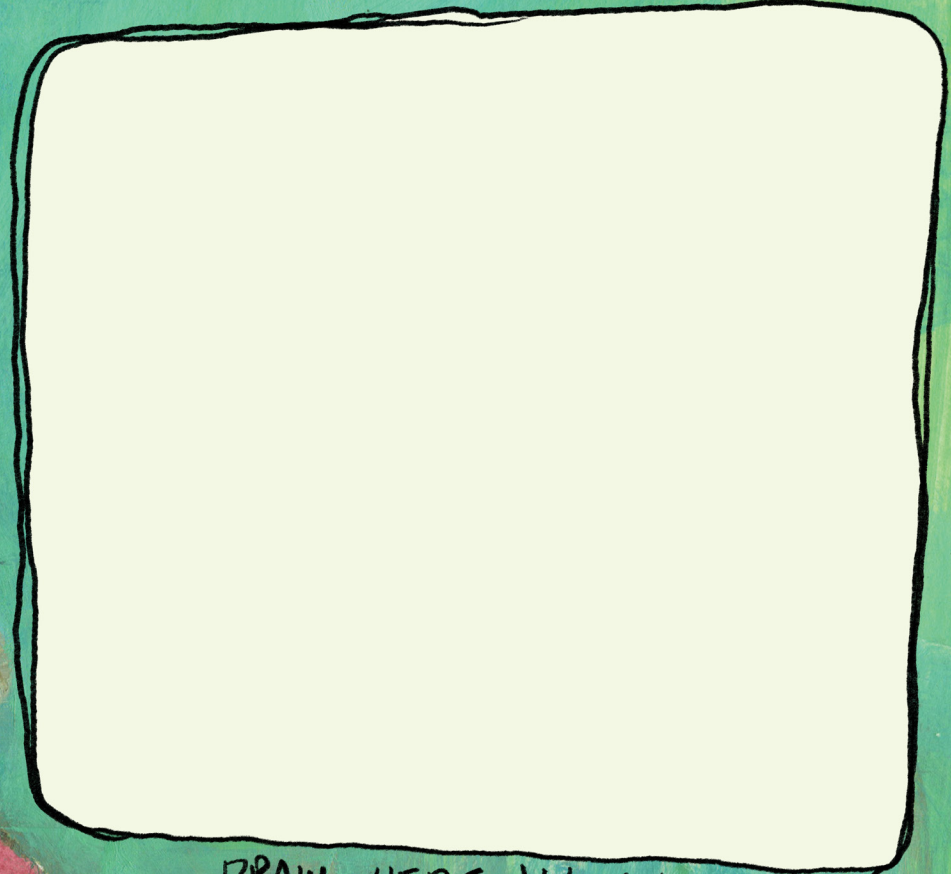
1. Phrases like "head in the clouds" and "birds in my head" are sayings to describe being lost in one's thoughts. Try making your own fun phrase to represent how getting lost in your thoughts feels like for you!
2. What are some questions you have about the world that are similar to Sofia's questions?
3. Sofia keeps her imagination and curiosity for the world alive by asking questions. What are other ways you can express similar emotions?
4. What does it mean to grow up while still keeping your imagination and curiosity for the world? What kind of grown up do you want to be?



The world to Sofia is very colorful and fantastical, while for her teacher, the world is simpler and appears in black and white. Color in and draw new things to make the teacher's life as colorful and imaginative as Sofia's!



Sofia is frequently seen with a bird on her head.
What kind of bird would be on your head? How many
would live on your head?
Draw yourself with a bird, or flock of birds,
on your head!



DRAW HERE !!! ↑↑

